



E-Bulletin from National Association for Patient Participation Issue Number 111 October 2016

1. Latest N.A.P.P. News

- a. **Royal College of GPs Annual Conference in Harrogate:** During a session entitled “Harnessing the energy of patients for the co-production of service” which was chaired by N.A.P.P. Chair Dr Patricia Wilkie, our CEO, Paul Devlin gave a short presentation.
- b. **Diary dates**
N.A.P.P. Annual Conference: Provisional date is 24th June 2017. Venue tba
PPG Awareness Week: Usually held in the week prior to the conference, so likely to be week beginning 19th June 2017
- c. **Self Care Week, “Understanding Self Care for Life” 14th–20th November 2016,** is aimed at improving health literacy. Information, resources, key messages, ideas and tips can be downloaded [here](#).

2. NHS England Involvement Hub - participation tools, training and resources

A new [Involvement Hub](#) has been launched on the NHS England website. It is a one-stop shop which links users to a range of tools, resources, best practice and training from NHS England and other organisations, including the voluntary sector, royal colleges, patient groups and NHS organisations linked to patient and public participation. The hub is for healthcare commissioners and patients and the public who want to find out how to get involved in the work of NHS England. If you have resources you would think would be relevant to share through the Involvement hub please email england.involvementhub@nhs.net

3. RCGP “Put Patients First” Campaign update

During a debate at the Annual Conference on the topic ‘Five minutes to save general practice! What would you do’, Dr Patricia Wilkie, N.A.P.P.’S, chair and president said that patient groups were preparing to help practices by promoting self-care during the winter but needed to know more about the funding of general practice in order to help fill gaps.

4. New standard for involving patients and service users in research

A new publication from National Voices sets a standard for how patients and citizens should be involved in research and innovation. National Voices is the leading coalition of health and social care charities in England, representing 140 charities and 20 professional and associate members. The [report](#) is a result of the government commissioned accelerated access review, which makes a series of recommendations to speed up access to new diagnostic tools, drugs, digital healthcare and medical technologies

5. Changes to Community pharmacies

[New plans to modernise community pharmacies](#) have been announced by the government. The changes, which follow extensive consultation, are intended to ensure a better quality service for patients and relieve pressure in other parts of the NHS. The government currently funds community pharmacy at £2.8 billion a year. Since the last review of the way community pharmacies are rewarded and funded for NHS services 10 years ago, the budget for community pharmacy has increased by more than 40% and the number of community pharmacies in England has increased by 18% to now 11,500 and two-fifths of pharmacies in England are within 10 minutes’ walk of 2 or more other pharmacies.

Also announced is a £42m Pharmacy Integration Fund to support the change in community pharmacy over the next two years to support the development of new clinical pharmacy services, working practices and digital platforms, according to NHS England. [More....](#)

6. Health profiles published by Public Health England

Health Profiles have been produced since 2006, providing a snapshot of health and wellbeing for each local authority in England using a range of charts and text. They are intended as conversation starters to highlight local issues and priorities, and for discussion at health and wellbeing boards. They pull together existing information in one place and contain data on [a range of indicators](#) for local populations. Click [here](#) to locate your local authority profiles.

7. What puts people off seeing their GP?

According to the results of a [survey](#) of almost 2,000 people in Great Britain, the most commonly perceived barriers to seeing a GP were finding it difficult to get an appointment with a particular doctor (42%), or at a convenient time (42%), and disliking having to talk to GP receptionists about symptoms (40%). The survey was conducted by Cancer Research UK, whose report suggests that these factors may prevent early diagnosis of serious illness.

8. Reading Well Books on Prescription

Member PPGs frequently remind us that many of their members are unable to access online information. Reading Well is an organisation which promotes the benefits of reading for health and wellbeing. Reading Well Books on Prescription helps you to understand and manage your health and well-being using self-help reading. The scheme is supported by public libraries, endorsed by health professionals including the Royal College of GPs and the Royal College of Psychiatrists, and by NHS England.

The programme has two strands: [Books on Prescription](#) and [Mood-boosting Books](#).

There are currently three book lists available: [Reading Well Books on Prescription for common mental health conditions](#), [Reading Well Books on Prescription for dementia](#) and [Reading Well for young people](#).

9. GP practices in England to benefit from new surgeries and upgraded clinics

GP practices in England are to benefit from the estates and technology transformation fund, a multi-million pound investment in GP premises and technology to improve and expand out of hospital care for patients. Nearly 300 new schemes in the Midlands and East have been approved. [More here....](#) View the lists of the practices are expected to receive support this year for investment in [technology](#), [premises](#) and [new builds](#)

10. Knowing you're not alone - understanding peer support for stroke survivors

Stroke Association Voluntary Groups (SAVGs) are volunteer-led, peer support groups based in local communities across the UK. Through the support they offer, SAVGs aim to improve, outcomes for stroke survivors and the people who care for them. The Nuffield Trust was commissioned by the Stroke Association to independently evaluate the impact of the groups. Read the summary report, short video or the full report [here](#)

11. Get your N.A.P.P. member password now!

The Members' pages of N.A.P.P.'s website contain **key resources available only to affiliated PPGs and CCGs**. To get your PPG's login details, **visit the website, click on Members and use the screen instructions**. We recommend each PPG to have a group email address as the username for the login.

12. Reminders: Please email this bulletin to fellow members promptly. We do not send hard copies of e-bulletins. All bulletins are at <http://www.napp.org.uk/ebulletins.html>

Edith Todd, Trustee, October 2016